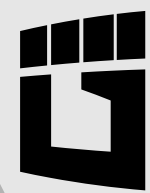


SPRINT

600M SWIM
20 KM CYCLE
5KM RUN

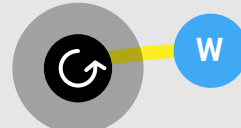


ULTRA

1.9KM SWIM
90KM CYCLE
21KM RUN



WATER TABLE 4



ULTRA TURN POINT

miWaylife™

JOBURG

ULTRA

RUN

ROUTE

WATER TABLE 3



WATER TABLE 2



SPRINT TURN POINT

WATER TABLE 1



CRADLE MOON

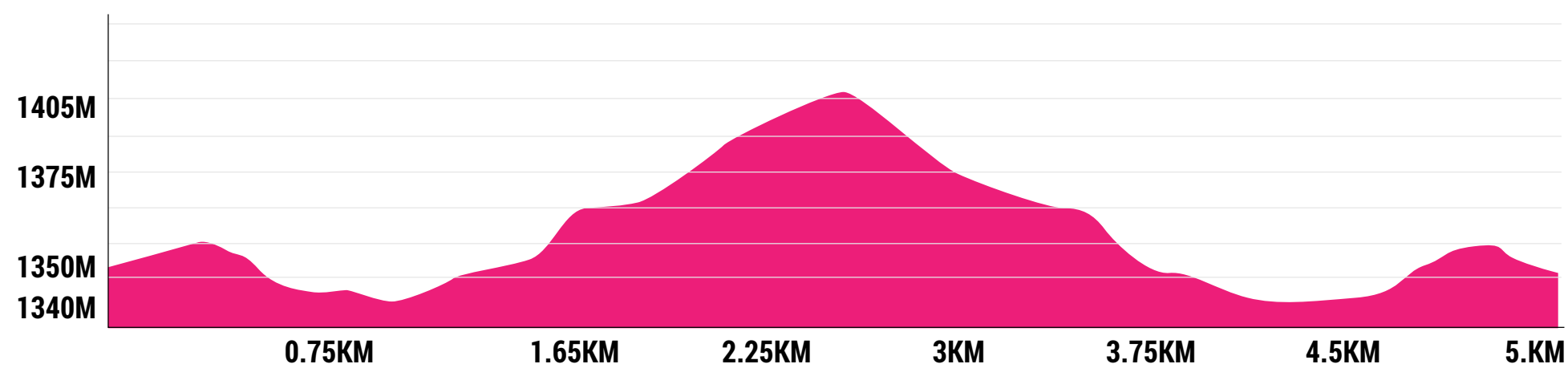
RI

SB

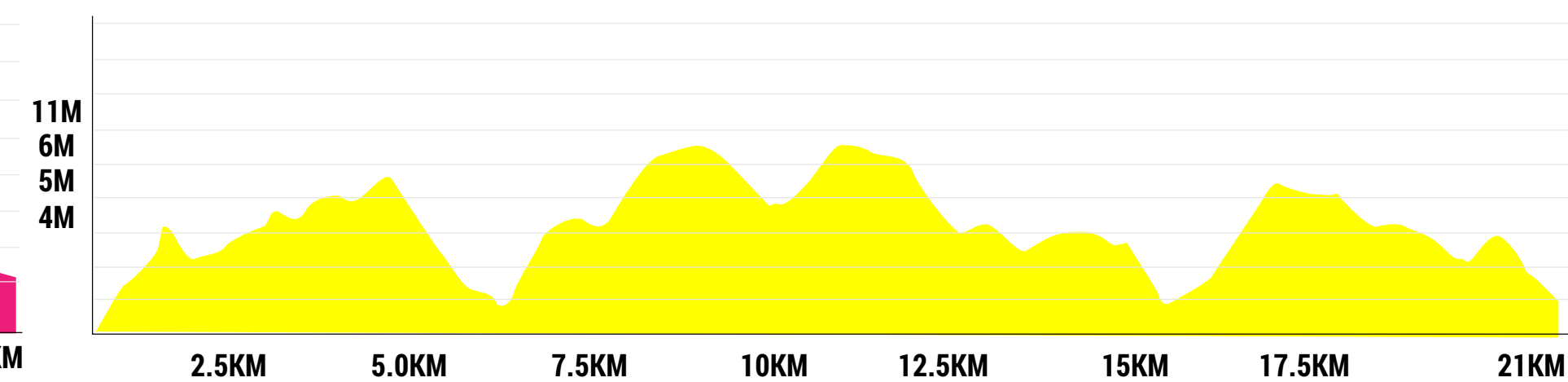
FINISH

- RI REG & INFO AREA
- SB SPECTATOR & BAR AREA
- W WATER TABLE
- DIRT ROAD

SPRINT RUN 5KM TOTAL ASCENT: 100M



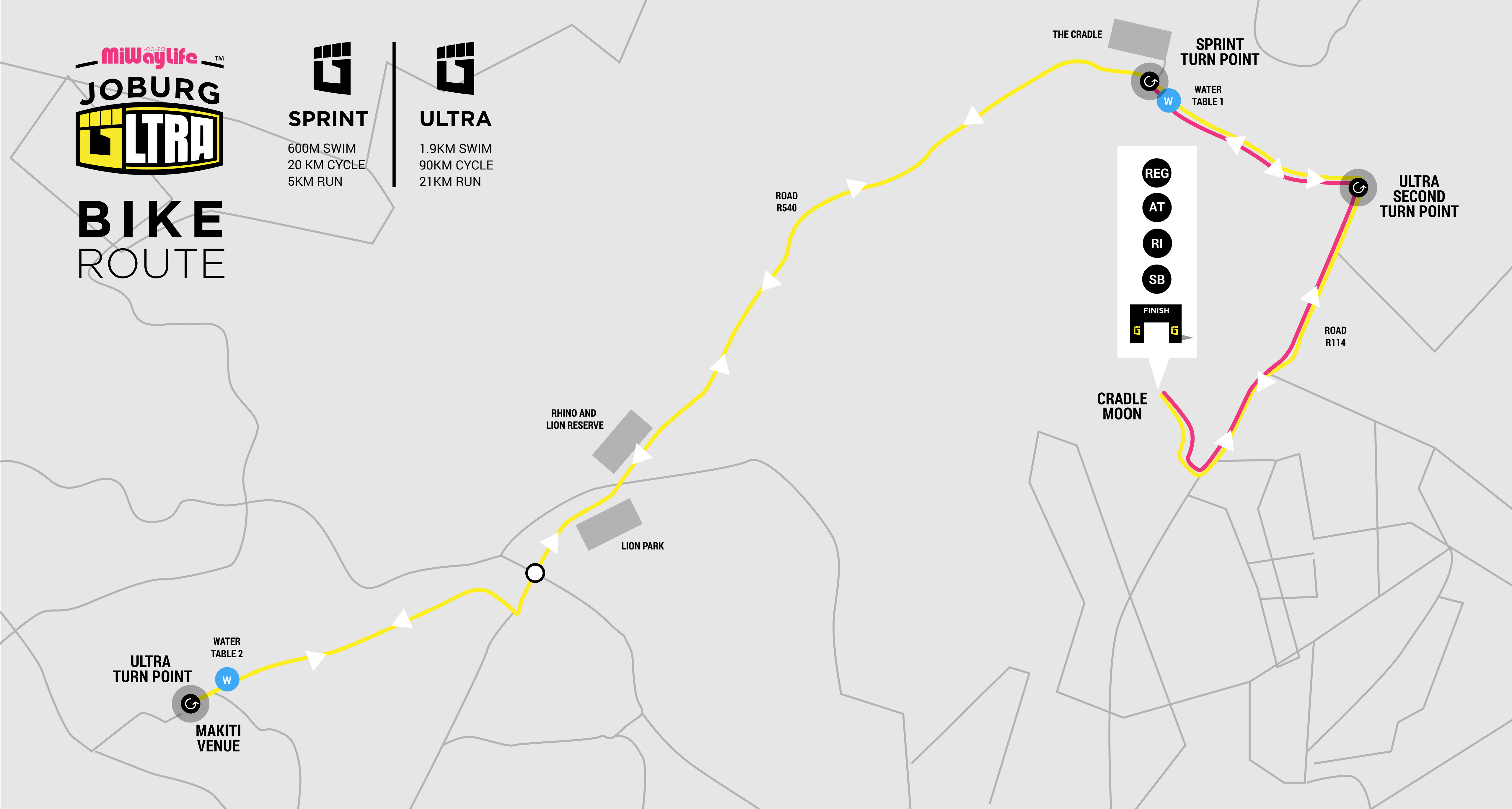
ULTRA RUN 1 lap 21km Run TOTAL ASCENT: 377



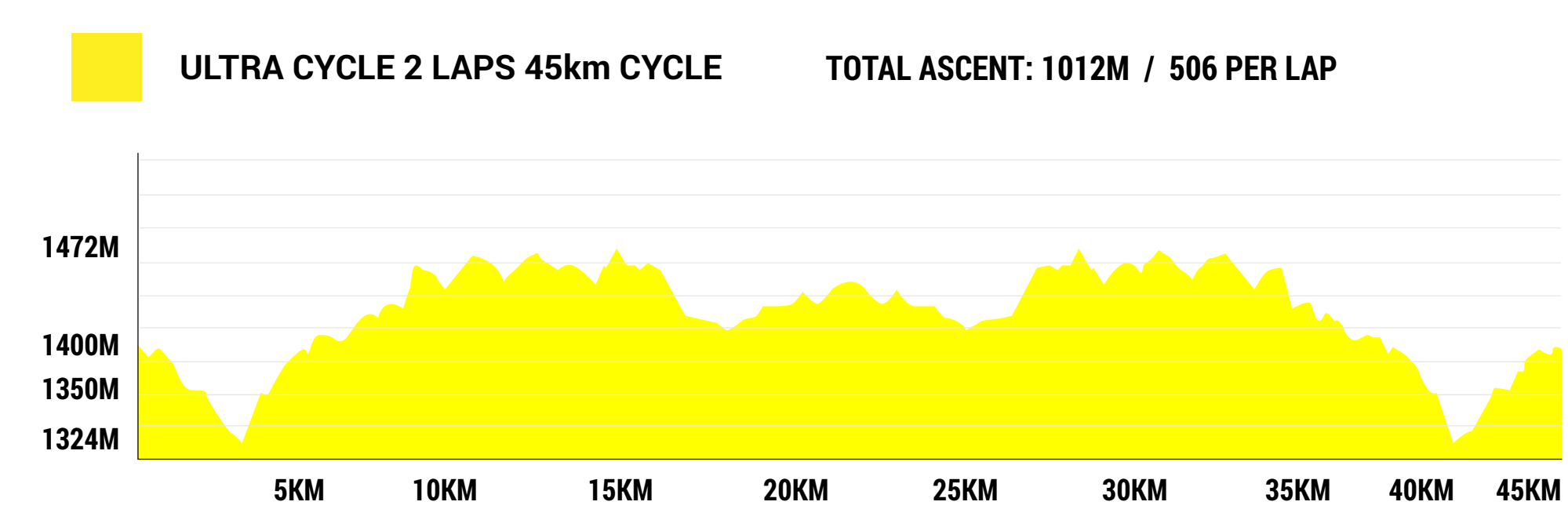
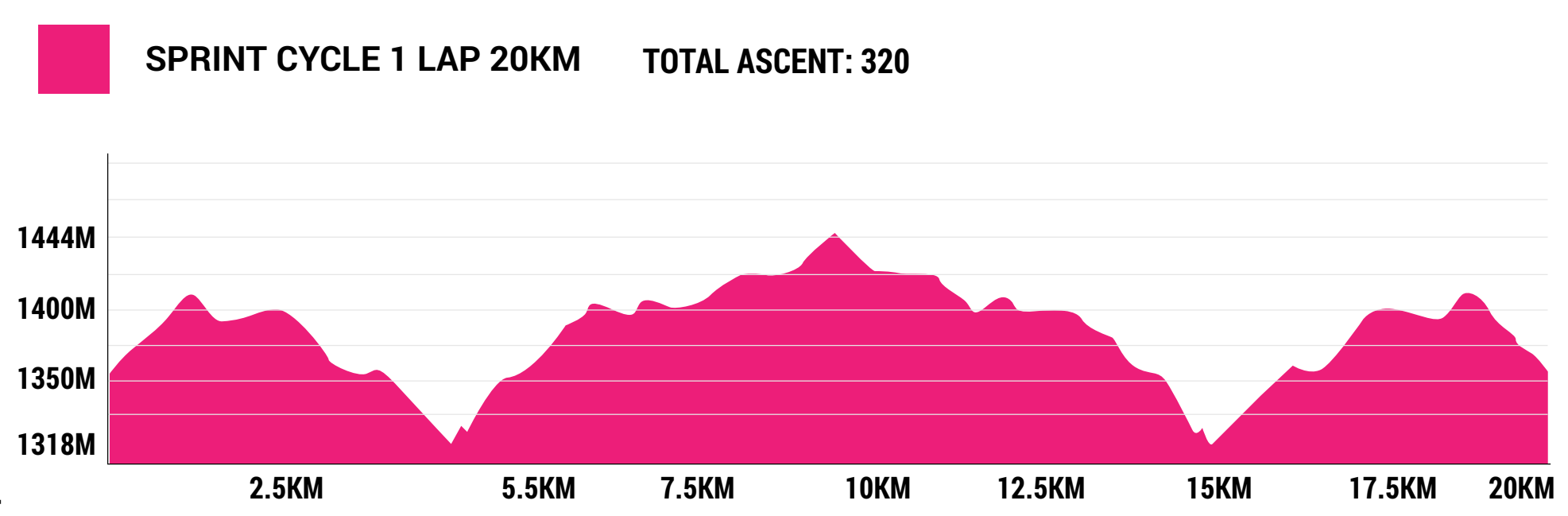
miWaylife™
JOBURG
ULTRA
BIKE
ROUTE

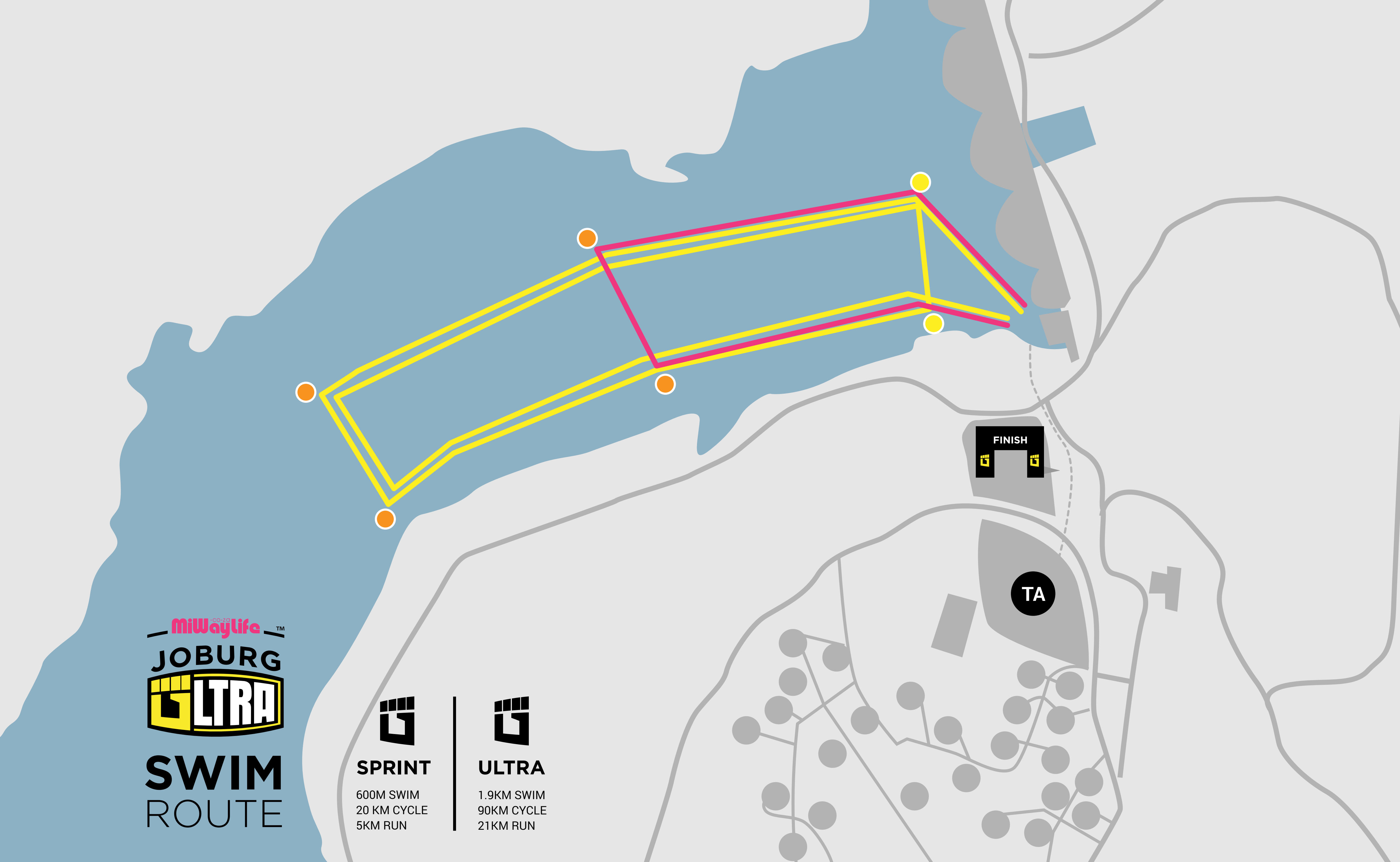
SPRINT
 600M SWIM
 20 KM CYCLE
 5KM RUN

ULTRA
 1.9KM SWIM
 90KM CYCLE
 21KM RUN



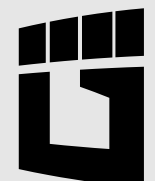
- REG** EXPO & REGISTRATION VENUE
- AT** ATHLETE AREA
- RI** REG & INFO AREA
- SB** SPECTATOR & BAR AREA
- TA** TRANSITION AREA
- P** RACE DAY PARKING
- CT** CHANGE TENT
- W** WATER TABLE





miWaylife™
JOBURG
ULTRA
SWIM
ROUTE


SPRINT
 600M SWIM
 20 KM CYCLE
 5KM RUN


ULTRA
 1.9KM SWIM
 90KM CYCLE
 21KM RUN

 **TA** TRANSITION AREA

 **SPRINT 1 LAP SWIM 600M**

 **ULTRA 2 LAP SWIM 950M PER LAP**